



goalsfit FREE CLASS
MAKING FITNESS FUN PASS

Print this pass and bring it to the class of your choice for one free session!*

Limit: one coupon per person.

goalsfit CLASS
MAKING FITNESS FUN SCHEDULE

MON.

6:00 AM	Boot Camp Drop-In	Roxborough Track
6:00 AM	Boot Camp Drop-In	Lloyd Hall Art Museum
5:30 PM	Early Evening Boot Camp	Roxborough Track
6:15 PM	Evening Boot Camp Drop-In	Roxborough Track

TUES.

6:00 AM	Boot Camp	Marshall Park
6:00 AM	Boot Camp Drop-In	Sutcliffe Park - Conshy
6:30 PM	Track Practice - Roxborough HS	Roxborough Track

WED.

6:00 AM	Boot Camp Drop-In	Roxborough Track
6:00 AM	Boot Camp Drop-In	Lloyd Hall Art Museum
6:15 PM	Evening Boot Camp Drop-In	Roxborough Track

THURS.

6:00 AM	Boot Camp	Marshall Park
6:00 AM	Boot Camp Drop-In	Sutcliffe Park - Conshy
10:15 AM	Mommy & Me	Roxborough Track
6:30 PM	Yoga at Gorgas	

FRI.

6:00 AM	Boot Camp Drop-In	Roxborough Track
6:00 AM	Boot Camp Drop-In	Lloyd Hall Art Museum
9:30 AM	Kettlebell Core Class	



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